

# walk<sup>®</sup> with a DOC

Join Stormont Vail Health Dr. Tanjim

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On **May 21<sup>st</sup>, 2022** from 9:00- 10:00 AM:  
Washburn University (East side of Lee Arena)

This doctor-led group is a fun and safe place to go for a walk, hear briefly about an important health topic, and enjoy a walk with a physician.

The event is **FREE** and all are welcome!

Ask your provider about upcoming walks!



Stormont Vail  
Health



BlueCross BlueShield  
Kansas

Questions?

[khedquis@stormontvail.org](mailto:khedquis@stormontvail.org)

(785) 270-0139

We are a local chapter of an international 501(c)3. Learn more at [walkwithadoc.org](http://walkwithadoc.org)