



# SHAWNEE COUNTY BABY BASICS PRENATAL CLASSES

## Being a Mom® Group Prenatal Education

Whether you are experiencing a pregnancy for the first time or the fourth time, each experience is different and can create new challenges and concerns!

Interact with other pregnant women and find out more about common pregnancy experiences including what to expect during labor and delivery, how to be successful with breastfeeding, and how to calm your baby.

Classes are held at the Health Department.



**Public Health**

Prevent. Promote. Protect.

Shawnee County Health Department

Free sessions!

Share your  
experiences and  
learn!

Earn rewards!

Next Session:  
Wednesdays

June 1<sup>st</sup> – July 6<sup>th</sup>

5:30 pm - 7:30pm

Register today!  
[babybasics@snco.us](mailto:babybasics@snco.us)

SHAWNEE COUNTY  
HEALTH DEPARTMENT

2600 SW East Circle Drive  
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785-251-5647  
[www.shawneehealth.org](http://www.shawneehealth.org)

\*This program utilizes the March of Dimes Being a Mom®/Comenzado bien curriculum and is supported by the Kansas Department of Health & Environment and March of Dimes.