



Public Health
Prevent. Promote. Protect.

Shawnee County Health Department

Shawnee County Health Department
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FOR IMMEDIATE RELEASE
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MEDIA RELEASE

Shawnee County Updates Isolation and Quarantine Guidance for General Public

Topeka, Kan. – Based on recommendations from the Centers for Disease Control and Prevention (CDC) and the Kansas Department of Health and Environment (KDHE), Shawnee County Health Officer Dr. Erin Locke, has adopted updated isolation and quarantine guidance for the general public.

If you test positive for COVID-19 (**Isolation**):

- Everyone, regardless of vaccination status **must**:
 - Stay home (isolate) for a minimum of 5 days from date of symptom onset or date of positive test
 - Released from isolation after fever-free for 24 hours without use of fever reducing medications and general improvement of symptoms
 - Continue to wear a mask around others for 5 additional days*

If you are exposed to someone with COVID-19 (**Quarantine**):

- | | | |
|--|---|--|
| <ul style="list-style-type: none"> • If you meet the following criteria: <ul style="list-style-type: none"> ○ Have received a booster OR ○ Completed the primary series of Pfizer or Moderna within last 6 months OR ○ Completed the primary series of J&J within the last 2 months | } | <ul style="list-style-type: none"> • Wear a mask around others for 10 days* • Test on Day 5 if possible
<i>from date of last exposure</i> |
| <ul style="list-style-type: none"> • If you meet the following criteria: <ul style="list-style-type: none"> ○ Completed primary series of Pfizer or Moderna vaccine over 6 months ago and are not boosted OR ○ Completed the primary series of J&J over 2 months ago and are not boosted OR ○ Are unvaccinated | } | <ul style="list-style-type: none"> • Stay home for 5 days. • Continue to wear a mask around others for 5 additional days* • Test on Day 5 if possible
<i>from date of last exposure</i> |

****If unable to wear a mask individuals should isolate/quarantine for 10 days.***

Individuals should monitor for symptoms for 14 days from last known exposure; if you develop symptoms get a test completed immediately and stay home.



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This updated guidance will apply to individuals who are currently serving either an isolation or quarantine order.

Early identification and treatment for COVID-19 remains essential. The SCHED continues to strongly encourage immediate testing with the development of any COVID-19 symptoms or after contact with a confirmed positive case. Individuals at high risk for severe disease should discuss early outpatient treatment of COVID-19 with their healthcare provider. Testing continues to be available and free to Shawnee County residents. To find a location near you, visit www.knowbeforeyougoks.com or contact your healthcare provider.

Additionally, the SCHED strongly encourages residents to protect themselves by getting a COVID-19 vaccine and subsequent booster dose once they are eligible. Many opportunities to receive a COVID-19 vaccine continue to exist in our community and can be found easily through the [CDC's Vaccine tool](#).

Questions regarding the updated Isolation and Quarantine guidance can be sent to COVIDRelease@snco.us or by calling **785.251.4949**. Questions regarding COVID-19 vaccine can be sent to CovidVaccine@snco.us.

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Shawnee County Health Department is committed to working in partnership with our community to promote and protect the optimal health of all people by bridging gaps to eliminate health inequities, respecting the diversity of our community, through adaptive and innovative processes.

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