

Topic:

**A Parent's  
Survival Guide:  
The Middle  
School Years**

**FREE  
Presentation  
via Zoom  
Videoconference**



FSGC presents

**Real-World  
Parenting  
Conversations**

**Thursday, December 16  
6:30-7:30 p.m. CT**

**Presented via Zoom  
videoconference on your  
phone, tablet or computer.**

Middle school is an incredibly difficult time for children. They aren't "little kids" anymore, but they aren't "grown-ups," either. Their bodies are changing in ways that they don't understand. Many kids face new schools and new social and academic expectations.

Travis Freed, LMLP, will share practical information on what parents can do to help their "tweens" manage all these changes. He'll also talk about the common middle school problem of bullying.

Got a specific question about this topic? Please enter it when you sign up. Then, Travis will address as many of them as possible during the conversation.

**Spots for this virtual event are limited—first-come, first-served! Sign up today at <https://FSGCmiddle.eventbrite.com>.** You will receive a link to the presentation via e-mail no later than 5 p.m. (CT) the day of the presentation.

**For more information, email  
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