

# walk<sup>®</sup> WITH a DOC



Join

**Dr. Samantha Muppalla**  
*Family Medicine*

**Saturday, October 16<sup>th</sup>, 2021 from 9:00 – 10:00 AM**

Washburn University (East side of Lee Arena)

\*Please Note: masks are required, participants must be vaccinated and you must social distance.

The walk will be outside. If it rains we will cancel.

This doctor-led group is a fun and safe place to go for a walk, hear briefly about an important health topic, and enjoy a walk with a physician.

The event is **FREE** and all are welcome!

Ask your provider about upcoming walks!



**Stormont Vail  
Health**



**BlueCross<sup>®</sup>  
BlueShield<sup>®</sup>**



**Kansas Hospital  
ASSOCIATION**

**Questions?**

[khedquis@stormontvail.org](mailto:khedquis@stormontvail.org)

(785) 270-0139