

Topic:

**A Parent's
Survival Guide:
The High School
Years**

**FREE
Presentation
via Zoom
Videoconference**



FSGC presents

**Real-World
Parenting
Conversations**

**Thursday, August 19
6:30-7:30 p.m. CT**

**Presented via Zoom
videoconference on your
phone, tablet or computer.**

Raising a high school student can be one of the biggest challenges of parenting. This last step to adulthood is often the most difficult. Travis Freed, LMLP, Director of Crisis and Recovery Services, will offer practical advice parents and caregivers can actually use to help their teen navigate the rough waters of high school. He'll talk about:

- How parents can adapt their parenting style as kids become more independent
- How parents can encourage kids to become more independent
- How parents can help kids deal with peer pressure and handle "parenting peer pressure"

In addition, if you have a specific question about raising a high school-aged teen, you'll have the opportunity to ask it when you sign up. Then, Tyler will answer it during his presentation.

We hope you can join us for this important, informative conversation!

**Spots for this virtual event are limited—first-come, first-served!
Sign up today at <https://fsgchighschool.eventbrite.com>.**

You will receive a link to the presentation via e-mail no later than 5 p.m. (CT) the day of the presentation.

**For more information, please email
pevans@fsgctopeka.com or call 785.232.7902.**



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