

eliminating racism
empowering women

ywca

Center for Safety
and Empowerment

PROFESSIONAL TRAINING AND COMMUNITY EDUCATION



DOMESTIC VIOLENCE

Duration: 1 hour +

Overview of the dynamics and definitions of domestic violence, how to recognize and respond to these dynamics, the particular dangers victim-survivors face in domestic violence relationships and how to support a victim-survivor

HUMAN TRAFFICKING

Duration: 1 hour +

Overview of the dynamics and definitions of human trafficking, the impact on our culture and our community, identify the signs of human trafficking and potential responses to suspected victim-survivors of trafficking

NEUROBIOLOGY OF TRAUMA

Duration: 1-3 hours (adaptable length)

Understanding the physical, neuro-biological response to trauma. Explore how trauma affects the brain's ability to send signals to the body, the storage of memory and the impact to the individual's behavior

SEXUAL VIOLENCE

Duration: 1 hour +

Overview of the dynamics and definitions of sexual violence, identify the influences of rape culture, discuss consent, and debunk common myths surrounding sexual violence and rape

OVERVIEW OF AGENCY SERVICES

Duration: 30 minutes - 1 hour

Description of each of CSE's services, understanding of confidentiality policy, and how to utilize and refer to services offered

OTHER PRESENTATIONS

Most presentations can be adapted to fit a certain timeline, audience, or targeted need. Ask us about having a presenter out to your agency, business, club, church, or social group

FOR MORE INFORMATION

Contact Emily Steimel-Handy
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Additional topics include: "In Their/Her Shoes" Simulation, Stalking, Safety Planning, Trauma-Informed Services, Self-Care, Bystander Intervention, LGBTQ+ Survivors, Survivors with Disabilities, Native/Indigenous Survivors, Children, Sexual Harrassment, and Healthy Relationships.