

Topic:

## **Helping Your Child Manage Anger**

**FREE  
Presentation  
via Zoom  
Videoconference**



FSGC presents the

# **Real-World Parenting Series**

**Thursday, November 12  
6:30-7 p.m. CST**

**Presented via Zoom videoconference  
on your phone, tablet or computer in  
the comfort of your own home.**

Most adults find it hard to express anger in healthy ways. It's even harder for kids.

It's not unusual for a child younger than 4 to have as many as nine kicking, crying, stomping tantrums per week. Most children outgrow this behavior by kindergarten. For children who don't, they often experience problems with peers, family or at school.

Tina Brackman, LPC, MS Art Therapy, will talk about how to recognize and approach your child when they're angry as well as how to discuss it with them. Parents will know the three T's — tone, terminology and technique — the next time your child is angry.

**Spots for this virtual event are limited—first-come, first-served!**  
**Register today at [fsgcanger20.eventbrite.com](https://www.eventbrite.com/e/fsgc-anger-management-2021-11-12).**

This presentation will be offered **FREE** via Zoom videoconference. Registrants will receive an e-mail with a link to the presentation no later than 5 p.m. the day of the presentation.

**If you have questions, please email [pevans@fsgctopeka.com](mailto:pevans@fsgctopeka.com)  
or call 785.232.7902.**



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