

Dentistry for Diabetics is a program designed to foster healthy lifestyles for diabetic patients through comprehensive dental care, chairside diabetic monitoring, and oral health education.

The Dentistry for Diabetics program offers educational lunch n' learns for health care providers, organizations, dental practices, community members, and education centers. This educational series will expand awareness and knowledge of diabetes and caring for the diabetic patient while in the dental office.

One Hour Lunch n' Learn Education Sessions are available:

- Dentistry for Diabetics Introduction
 - Participants will have a basic understanding of the Dentistry for Diabetics Program and be able to explain its purpose
 - Participants will identify at least three ways the Dentistry for Diabetics Program benefits diabetic patients
 - Participants will learn and activate their role(s) in the Dentistry for Diabetics Program
- What is Diabetes
 - Participants will have a basic understanding of Diabetes
 - o Participants will understand the types of diabetes
 - Participants will understand the diagnosis of diabetes and prediabetes
 - Participants will be able to list common symptoms of diabetes
 - o Participants will understand the basic treatments for diabetes
 - Participants will be able to conduct standard glucose and A1C testing chairside
 - Participants will activate their role as dental professional in effort to help diabetics live a healthy lifestyle
 - Participants will learn how to safely treat diabetic patients in the dental chair
- Oral Health for Diabetics
 - Participants will learn the overall connection between diabetes and oral health
 - o Participants will learn oral health risks associated with diabetes
 - o Participants will identify steps to keep the diabetic mouth healthy
 - Participants will be able to educate the diabetic patient chair-side about ways to improve their oral health



Program Contact: Krista Hahn, RDH, MBA, ECP III Executive Director Marian Dental Clinic – SCL Health E: krista.hahn@sclhealth.org P: 785.233.2800

- Nutrition for the Diabetic Oral Health Impact
 - o Participants will be able to explain the relationship between good nutrition and diabetes
 - o Participants will be able to explain the role of diet in preventing diabetes and oral health complications
 - o Participants will be able to identify healthy foods for the oral health and those with diabetes
 - Participants will learn about acid attacks on the teeth and how to recommend appropriate foods to their diabetic patients
- Xylitol Does it Affect My Blood Sugar
 - Participants will learn the origin of xylitol
 - o Participants will learn the affects xylitol has on the body
 - o Participants will learn the oral health benefits of xylitol
 - o Participants will identify forms of xylitol as a sugar substitute to benefit oral health
 - o Participants will learn the recommended daily dose of xylitol to recommend for patients

Providing diabetic patients a heightened sense of care during their dental treatment...unique to dentistry.

Providing health professional an educational experience to expand their knowledge of diabetes.

Lunch is made possible through a generous grant from Delta Dental of KS Community Benefit