



# EL CENTRO DE TOPEKA

In partnership with  
Washburn University School of Nursing  
Is offering a FREE

# Mobile Health Clinic

Every Tuesday  
From 9:00am - 3:00pm  
In Our Lady of Guadalupe Church parking lot.  
201 NE Chandler Street, Topeka, Kansas 66616  
Starting August 28 thru November 27, 2018

<b>August</b>						
<u>Sun</u>	<u>Mon</u>	<b><u>Tues</u></b>	<u>Wed</u>	<u>Thurs</u>	<u>Fri</u>	<u>Sat</u>
26	27	<b>28</b>	29	30	31	
<b>Sept.</b>						
						1
2	3	<b>4</b>	5	6	7	8
9	10	<b>11</b>	12	13	14	15
16	17	<b>18</b>	19	20	21	22
23	24	<b>25</b>	26	27	28	29
30						
<b>Oct.</b>						
1	<b>2</b>	3	4	5	6	
7	8	9	10	11	12	13
14	15	<b>16</b>	17	18	19	20
21	22	23	24	25	26	27
28	29	<b>30</b>	31			
<b>Nov.</b>						
				1	2	3
4	5	<b>6</b>	7	8	9	10
11	12	<b>13</b>	14	15	16	17
18	19	<b>20</b>	21	22	23	24
25	26	<b>27</b>	28	29	30	



### Free Health Screenings

- Blood pressure & pulse
- Diabetes
- Height/weight/BMI
- Medication review



### Free Patient education

- Different disease processes
- Diabetes
- Heart disease
- Nutrition & exercise

For more information call

**NO MOBILE CLINIC ON OCTOBER  
9TH AND 23RD.**