

YWCA Mighty Girl Summer Program

"Attending Mighty Girls camp taught me how to be confident with who I am... I now know that being bold is not being bad, when it is standing up and out as a leader for my peers and my community. ~ Onika 2016 Mighty Girl



NEW THIS SUMMER – The morning portion of each session will be utilizing the new CAMP GOTR curriculum. The program uses an intentionally designed curriculum focused on the topic of emotions or friendship, an important component of youth development & social-emotional learning. Similar to the Girls on the Run 10-week curriculum, the Camp GOTR curriculum follows a format that provides consistency and structure for the girls' experiences, and each daily lesson is offered concurrently with physical activity.



The afternoon session will focus on S.E.T. topics, exploring different careers within our community with employees from Bartlett & West. We will be utilizing the Emmy award-winning SciGirls.Connect curriculum. The research, multi-media program has reached over 14 million girls, educators, and families, making it the most widely

accessed girls' STEM program available nationally. The goal of SciGirls is to change how millions of girls think about STEM. Plan on an afternoon of fun hands on activities!

Participants: Girls- Grades 5-7 (as of 2018-2019 school year) Limited space available on a first come, first serve basis.

Program Hours: 8:30 a.m. – 4:30 p.m. Monday – Friday

Program Dates: June 11-June 15; July 9-July 13

Location: YWCA of Northeast Kansas, 225 SW 12th Street, Topeka

Fee: \$125/week (limited scholarships available.)

Registration includes: Program t-shirt, water bottle, field trips, snacks, lunch, and supplies.

Register online at www.ywcaneks.org/MightyGirls or a paper application can be picked up at the YWCA or emailed to you by contacting Kjrsten at <u>kruch@ywcaneks.org</u>.



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