

Symposium Schedule NOW LIVE!

February 22, 2018 • 4 p.m. - 7 p.m. • Topeka High School • Free to all Shawnee County

Topeka Public Schools Hosts: Suicide Prevention and Mental Health Symposium

We are in this together.



Dr. Alfiie Breland-Noble
Clinical Approach &
Student Section



Dr. Tiffany Anderson
County of Anderson,
District Update



Annie Diederich
Yellow Ribbon Suicide
Prevention Program



Barbara Mares
Suicide Prevention &
Awareness in Our Schools



Monica Kurtz
Warning Signs



Whitney Baker
Trauma Informed Bootcamp



Meg Braun
Resilience



Chief Ron Brown
How Relationships Shape
Mental Health



Phelicia Glass, LMSW
Youth & Adolescents



Dr. Peg McCarthy
How to Listen to
Your Teenager



Attend a workshop on relevant topics and visit with a dozen community organizations that will be providing resources in the lobby.

WORKSHOP SCHEDULE
on the back

Open Forum - Dr. Alfiie Breland-Noble
4:00 p.m. - 5:00 p.m. & 6:00 p.m. - 7:00 p.m. • Room A
Join the open forum to ask questions with Dr. Alfiie Breland-Noble, who is an Adolescent and Child Psychologist.

County & State Statistics - Dr. Tiffany Anderson
4:00 p.m. - 4:30 p.m. • Room B
Dr. Tiffany Anderson, Superintendent of Topeka Public Schools, will share local and state data related to mental health and suicide and give a district update.

Trauma Informed Bootcamp - Whitney Baker
4:00 p.m. - 5:00 p.m. • Room C
This will be a rapid format workshop for educators with Whitney Baker, Jordine Elm, Teacher, and Angela Speer, Jordine Elm, Principal, to learn how trauma affects the brain while it is developing.

Warning Signs - Monica Kurtz
4:30 p.m. - 5:15 p.m. • Room D
Monica Kurtz from KS Suicide Prevention Resource Center will share warning signs for suicide. She will briefly discuss how to approach these warning signs and resources available to someone in need crisis.

How Relationships Shape Mental Health - Chief Ron Brown
4:30 p.m. - 5:30 p.m. • Room B
Chief Ron Brown, TPS Police, will discuss the importance of relationship building & how it affects mental health. He will also talk about how the district utilizes SRO's & facts about police protective custody.

Clinical Approach - Dr. Alfiie Breland-Noble
5:00 p.m. - 6:00 p.m. • Room A
Dr. Alfiie Breland-Noble, Adolescent and Child Psychologist, will look at the clinical side of mental health and suicide.

Suicide Prevention & Awareness in Our Schools - Barbara Mares
5:30 p.m. - 6:15 p.m. • Room B
Listen to Barbara Mares from Greater KS AFSS on how our children/teens are effected by suicide in schools and what we can do to help prevent suicide and recognize the warning signs.

Suicide & Signs to Look for Among Teens - Phelicia Glass & Tara Wallace 5:30 p.m. - 6:00 p.m. • Room C
This workshop, taught by Phelicia Glass, LMSW, and Tara Wallace from New Mount Zion will give insight into the lives of teens and what they face.

Yellow Ribbon Suicide Prevention Program - Annie Diederich
6:00 p.m. - 7:00 p.m. • Room D
Annie Diederich, Seaman Middle School Principal, will discuss the national Yellow Ribbon program about preventing suicide & attempts by making prevention accessible to everyone & removing barriers.

How to Listen to Your Teenager - Dr. Peg McCarthy
6:30 p.m. - 7:00 p.m. • Room B
We can't help our children if we don't know something is wrong. Dr. Peg McCarthy, Psychologist, will lead a discussion and share tips on how to connect with your teen.

Resilience - Meg Braun
6:30 p.m. - 7:00 p.m. • Room C
Meg Braun, TPS School Psychologist Coordinator, will give parents tools and ideas to promote resiliency in their children and in themselves.