

FALL PREVENTION PROGRAM

Fall Awareness and Prevention Strategies for Adults



A free seminar presented by the Jayhawk Area Agency on Aging



RSVP at 785-235-1367

Friday, March 16, 2018 from 2:30 -4:00

2910 SW Topeka Blvd

OBJECTIVES

LEARN ABOUT REASON FOR FALLS
PHYSICAL ACTIVITY BENEFITS
SAFETY TIPS
MEDICATION FACTORS
VISION ISSUES
HOME SAFETY